

10 Low EQ Ways to Choose a Husband

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By [Susan Dunn](#)

In choosing the right man for you, you need to use your Emotional Intelligence (EQ).

Here are 10 LOW EQ ways to do it that will guarantee disaster.

1. Choosing the obvious ones to avoid.

Addicts, child abusers, chronic gamblers, felons, "boys", etc. If you keep falling in love with the wrong type of guy, explore your patterns with a coach, and learn how you're self-sabotaging so you can stop.

2. Choosing by sexual attraction alone.

That's a choice your reptilian brain is making which is to say not a choice at all. "Choosing" implies weighing alternatives and being rational. In no area of your life do you want your reptilian brain in charge except in stark moments of survival, like a fast-approaching locomotive. It doesn't "think." It's reactions are designed to PREVENT thinking.

3. Choosing by externals alone.

It's nice if he's handsome, but not if he's just another pretty face. Are you choosing a 37' powerboat instead of a man who owns one? His face will change; his toys may disappear. It's "for better or for worse," not "for as long as he can buy me Fendi handbags."

4. Rushing.

Date him long enough to go through actual situations that test what you can't see and touch - his values, priorities, manners, morals, and interests. Observe him when he's hot, tired, under pressure, and hungry.

At first you'll go to drag races, WFW matches and duck hunting just to be with him, right? Do you really see yourself doing these things every weekend for the rest of your life? By the same token, is he being nice to your kids just to get into your pants? Is he willing to go shopping with you and to the opera or is it all about him? Only time will tell.

5. Rushing.

Give it time so he can sort out his feelings. Men tend to go from desire to action without thinking in between. They also take up to 7 hours to figure out how they're feeling about something. (Yes!) This is why we see them make such poor choices in women, and then do it again. You may be sure, but is he?

6. Rushing.

You need time because even a workaholic will give you attention 24/7 at first. Only 6 months down the line will you discover that once he's "got you," he compartmentalizes you. Work comes first, then his golf. (Or worse, his boat comes first, then his work.) He'll summon you when it's your turn.

7. Not checking out his attitude toward women.

How does he treat his mother? Your friends? His sister? One woman I know who has one of the best marriages I've observed said one of the first things she asked him was "Tell me about your mother." A man who doesn't like or respect his mother is not a good candidate for marriage.

8. Trusting only your intellect.

This means gathering facts, and listening to experts, not checking in with your intuition, and listening to advice blindly. Let's say your best friend, who's very perceptive, tells you he's a womanizer.

I'd give that some weight, but I'd check it out myself. It won't be hard. Give it time, stay awake and you'll see.

Another example - You made the list of what you wanted. There he is in front of you, lacking 3 of the 6 items on your list, but you adore him. You really click. You will safe with him, cozy, like you've come home. That's a good time to go back and rethink your list. You're always entitled to change your mind.

You must trust your feelings if you're suspicious he may be lying or misrepresenting himself. Investigate. There are services that can do this for you, preserving your identity and dignity, and it can save you some heartache. Finding out who you're dealing with before you give your heart away.

9. Trusting only your feelings.

Come now, do you really think you can make a life with someone who is (admittedly) darling and sexy BUT hates your religion, has different morals and ethics than you do, has already alienated your father, hates kids while you want 6, refuses to "let" you work, and has already ordered you to get rid of your cat?

This is like allowing yourself to fall in love with a married man. Just go stick an ice pick in your eyeball instead.

10. Misunderstanding the nature of feelings.

Our emotions give us information. They don't demand behavior. When I was a teenager I was dating a creep. My father told me I had to quit seeing him. "But I love him," I said. Said he: "Love someone else." No, you can't manufacture feelings, but neither do they have to be acted upon. They can be taken "under advisement" and thought through. Someone you truly love, love and trust, that can't be argued with. Infatuation, lust, and obsession aren't "love."

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